

# LIFESTYLES

Hawaii Marine B Section

May 30, 2003

## Honoring Our National Heroes



Lance Cpl. Monroe F. Seigle

Marines, Sailors and family members were joined by veterans and community members during a sunset ceremony at the Pacific War Memorial Friday in honor of Memorial Day and to pay their respects to the fallen heroes of our past wars in our nation's history.

## Oahu celebrates Memorial Day



Cpl. Jessica M. Mills

A conch shell was sounded to mark the beginning of the Parade of Flags during the Governor's Memorial Day Ceremony.



Cpl. Jessica M. Mills

Marine veteran Bob Talmadge, of the Chosin Few Aloha Chapter, placed a memorial wreath at the Hawaii State Veterans Cemetery.

### Lance Cpl. Monroe F. Seigle *Combat Correspondent*

Memorial Day is a day to look back and remember those who have given their lives in service to the United States and its citizens.

Marines, Sailors and family members along with veterans and members of the community gathered Friday at the Pacific War Memorial aboard MCB Hawaii, Kaneohe Bay, to pay their respects to the fallen heroes of wars in our nation's history during a sunset ceremony.

Present were two guests of honor whose sacrifices to our country are beyond the explanation of words.

Retired Marine Lt. Col. Thomas Kalus, served with team six, Fifth Joint Assault Signal Company, 27th Marine Regiment, 5th Marine Division during the battle of Iwo Jima. He was also a veteran of the Korean and Vietnam wars.

With him were Donn Lewin who served with Lima Co., 3rd Bn., 9th Marine Regiment, who fought in the battle of Iwo Jima, and retired Air Force Master Sgt. Richard Fiske. Fiske served with the 7th Marine Division and with 12th Marine Regiment at Iwo Jima, and the Korean and Vietnam Wars.

"This evening we honor our veterans, both living and dead," said Brig. Gen. Jerry C. McAbee, commanding general of MCB Hawaii.

During his speech, Gen. McAbee also spoke about the service members put in harms way who are fighting in the Middle East.

The wreath laying was done by Kalus, Lewin and Fiske.. The three veterans marched to the Pacific War Memorial and set the wreath by the names of fallen comrades followed by a salute to those who perished in the



Lance Cpl. Monroe F. Seigle

During the Memorial Day Ceremony aboard Pearl Harbor, a fireboat display was performed during a moment of silence for Pearl Harbor victims.

bloody battles.

While veterans recalled memories of foreign wars, their eyes filled with tears as Sgt. Daniel Cadra, a trumpet player with the MarForPac Band, sang "God Bless the USA."

The night came to a close after the retiring of the colors and the Armed Forces Medley.

"I can't express in words the importance of remembering our veterans who gave their lives in combat," said Jerry Ritchie, a veteran of the Vietnam War. "What they have done for our country is beyond the scope of words. Tonight was a night to remember them."

In a place considered sacred to many, especially to those who were there, another ceremony was held.

Members from all branches of the Armed Forces, along with veterans and civilians from all over the world, were present during a Memorial Day Ceremony at Pearl Harbor Naval Complex May 26, to honor the service members who perished during the bloody attack Dec. 7, 1941.

Marines from MCB Hawaii played an instrumental part in the celebration with a remarkable presentation of a rifle squad and a fly-over by three CH 53D "Sea Stallion" Helicopters.

"I was impressed with the entire ceremony," said Lorenzo Martinez, a retired Marine who served in the Korean War. "Those who served in the Armed Forces during combat will never forget the sacrifices they had to make on the battlefield."

The state of Hawaii showed its re-

See *MEMORIAL*, B-5



Cpl. Jessica M. Mills

A canon salute was given by Alpha Battery, 3/7 Bn., 25th Infantry Division (Light), Schofield Barracks, following the placing of the wreath during the Governor's Memorial Day Ceremony at the Hawaii State Veteran's Cemetery.



MCCS

MARINE CORPS COMMUNITY SERVICES

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POSSIBILITIES IN PARADISE

By Bobbie Brock, MCCS Public Relations

JUNE Today

**Mongolian Barbecue at the Officers’ Club** – Don’t feel like cooking dinner? Head out to the Officers’ Club for Mongolian Barbecue and leave the work to the professionals. Buffet style, select your favorite veggies and meat including chicken, shrimp, pork and beef; pile your bowl high, and kick it up a notch with a sauce of your choice. Then watch the grill masters flip, sautee and grill your dinner to perfection. Mongolian Barbecue is served every Wednesday and Friday from 5:30 to 8 p.m. For more, call 254-7649.

**Today-June 9**

**Youth Activities Summer Adventure Program Registration** — The summer adventure program is an activity where

children will enjoy weekly field trips, and indoor/outdoor run. Schedule options are available June 10 - August 22. For qualification and registration information, call Youth Activities at 254-7610.

**3 / Tuesday**

**Youth Activities Piano Lessons** – Hone your children’s musical talent or involve them in extra-curricular activities with piano lessons for youth ages 6-17 years old. Lessons are limited to 30-minute classes once per week, either Tuesday or Thursday between 2 and 6 p.m. The cost for the lesson is \$24. For more information on Youth Activities piano lessons, call 254-7610.

**4 / Wednesday**

**Officers’ Club Right Hand Man Night** – Show your appreciation to the guy or gal who always “has your back” and bring them to the Officers’ Club for poolside refreshments, Free pupus and musical entertainment; Wednesday, June 4 from 4:00 p.m. – 8:00 p.m.

**5 / Thursday**

**Library Storytime** — Every Thursday from now until June 5, the Base Library, Bldg. 219, will host a delightful Storytime at 10 a.m. Children and parents are invited to have a fun-filled hour of stories, activities and special events. Come on down and spend some quality educational time with your children. For more information, call 254-7624.

**Helping Children Learn and Grow with Family Child Care** — Family Child Care is a home setting child care service provider operated by the Marine Corps Community Services’ Personal Services department with certified providers trained in child development, nutrition, guidance and more. Family Child Care provides a flexible schedule including evenings, weekends and overnight care. To find a Family Child Care provider, call the Children, Youth and Teen Programs officer at 257-7430. Contact Family

Child Care at 257-7030.

**New Hours at the Staff NCO Rocker Room** — The Rocker Room is getting a facelift, so until renovations are complete, make a note that new hours of operation are in effect. (The renovation completion date has yet to be determined.)

Sundays through Tuesdays: Closed  
Wednesdays: 4:30 - 8:30 p.m.  
Thursdays: Closed  
Fridays: 4:30 p.m. - 2 a.m.  
Saturdays: Closed

**New Hours at the Officers’ Club** — Off duty hours are for relaxing, so stop by the Officers’ Club and enjoy fantastic food and panoramic views of the Pacific during these hours:

- “Champagne Sunday” Brunch from 10 a.m. to 1 p.m., for \$18, or without champagne at \$15.
- “Right Hand Man Monday” lunch buffet from 11 a.m. to 1 p.m., with a la carte from 11 a.m. to 1:30 p.m.
- Daily (Mondays – Fridays) lunch buffet from 11 a.m. to 1 p.m.; a la carte from 11 a.m. to 1:30 p.m.; dinner on Thursdays

through Saturdays from 5:30 - 8 p.m.

- Koa Bar on Wednesdays and Thursday from 4 - 9 p.m.; Fridays from 3 - 11 p.m.; and Saturdays from 5 - 8 p.m.


**New Hours at Kahuna’s** — You’ve got the same awesome club, with even better hours. The Kahuna’s Sports Bar and Grill will now be open as follows for your enjoyment:

Sundays: Closed  
Mondays: 6 p.m. - 12 a.m.  
Tuesdays: 6 p.m. - 12 a.m.  
Wednesdays: 6 p.m. - 1 a.m.  
Thursdays: 6 p.m. - 12 a.m.  
Fridays: 4:30 p.m. - 2 a.m.  
Saturdays: 6 p.m. - 2 a.m.

10 / Tuesday

**Stress Reliever** — Every Wednesday from 1 – 2:30 p.m., eliminate stress and anxiety with help from Personal Services. Catch the “Thought Field Therapy Workshop,” in Bldg. 216, to learn some exciting new stress-relieving techniques that work with people of all ages. For more information or to register, call 257-7780.

SM&SP



SINGLE MARINE & SAILOR PROGRAM

All events are open to single, active duty military, E-5 and below. The SM&SP Office is located in Bldg. 219. Call 254-7593 for more details.

**Upcoming Activities**

*June 7:* Spend your Saturday at Kualoa Ranch on a horseback riding excursion. Cost is \$38.

*June 14:* Stay tuned for more exciting details of Sandbar Beach Day.

*June 27:* Mark your calendars for a golf tourney; stay tuned for more info.

**SM&SP Bargains**

- Score at K-Bay Bowling Lanes with free shoes and \$1.50 games, Mondays through Thursdays for all E-5s and below.
- Drive over to the Klipper Golf Course and practice your swing. All E-5s and below receive free range balls. Rent clubs for \$5 per set, and golf 18 holes for \$9 or 9 holes for \$5.
- The Base Marina offers a free Adventure Training Program (unit sanctioned) with classes in scuba, kayaking, power boating and water skiing.
- Get into the swing of things with free tennis lessons, Thursdays from 11 a.m. – 12 p.m. Call 258-8081 to reserve your spot.

**Volunteer Opportunities**

Make a difference by lending a helping hand. The Single Marine & Sailor Program is actively looking for volunteers for the following events:

*Continuing:* For Youth Sports and tutors at Mokapu Elementary School.

ASYMCA gets new Home aboard MCBH

**Staff Sgt. Luis Valdespino**  
*MCB Personal Services*

The Armed Services Young Mens Christian Association has taken on a new look ñ and location aboard Marine Corps Base Hawaii, and a few services have changed.

On May 17 about 30 MCBH family members gathered for the ASYMCA building dedication at building 1638, the ASYMCA’s new location. In a short ceremony that included music played by the Marine Forces Pacific Band, the new ASYMCA building was opened for full service with a traditional Hawaiian Lei cutting, and a blessing by Chaplain (Navy Lt.) Loften C. Thornton.

The new location is across the base flight line in the same parking lot as the 4th Force Reconnaissance Company Headquarters, and it offered a scenic view for those that gathered for the new site opening. Those in attendance partook in children’s games, as well as entertainment by a clown in the new facility, and got a taste of the minor changes that come

See ASYMCA, B-3

Knowledge of lawn mowers can keep all safe

**NAPS**  
*Featurettes*

As we really get moving into the mowing season, you may want a quick refresher on mower safety. Mower blades move at astonishing speeds-about 200 miles an hour. Now that’s a speed that you don’t want to play around with. So, before you start your mower, make sure you are up to date with these safety guidelines:

- Always read your operator’s manual and pay close attention to the warning labels on your mower.
- Be sure to dress properly — wear eye protection and long pants, and avoid loose-fitting clothing that can get caught in controls. Wear sneakers for protection against whirling blades — even in hot weather when it might be more comfortable to wear sandals. Be extra careful walking backward with a walk-behind mower. Don’t pull back too far and run over your own toes.
- Be careful when mowing a steep slope of grass. The first thing to do is take a look at your mowing equipment. One of the most important things to remember with a riding mower is to mow up and down slopes. But when using a walk-behind, you should mow across slopes for the greatest stability. That way, if you trip and fall, the mower is less likely to tumble on top of you. If the hillside is really ominous, get creative and plant a ground cover instead. On flatter areas, watch your speed. Use the higher speeds only for transport to the mowing area. While you’re mowing in a wide-open area, stay in control by using the medium speeds. Switch to low speeds as you’re turning corners and trimming borders.
- Never allow young children to ride on mowers with the operator or operate walk-behind mowers. John Deere recommends keeping small children in the house under the supervision of an adult. Kids move quickly, without thinking about consequences. So it’s important to alert them that



NAPS

**Before cutting the grass, it’s a good idea to sharpen your knowledge of lawn mower safety.**

mowers are tools, and reinforce the lesson by keeping them out of the area. Don’t give

See MOWERS, B-3

M O V I E T I M E

Prices: Adults (12 and older) \$3, Children (6 to 11) \$1.50, Children (5 and younger) free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for “R” rated movies in person at the box office for children 16 years old and younger.

For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons.

Show your I.D. at the box office. Call 254-7642 for recorded info.

Basic (R)  
The Hunted (R)  
The Core (PG 13)  
Basic (R)  
Piglets Big Movie (G)  
Sneek Preview “2 Fast 2 Furious” (R)  
Head of State (PG 13)  
A Man Apart (R)  
The Core (R)

Today at 7:15 p.m.  
Today at 9:45 p.m.  
Saturday at 7:15 p.m.  
Saturday at 9:45 p.m.  
Sunday at 3:30 p.m.  
Sunday at 7:15 p.m.  
Wednesday at 7:15 p.m.  
June 6 at 7:15 p.m.  
June 6 at 9:45 p.m.

— MCCS MISSION —

**The MCCS Mission:** To uplift the spirits of the Marine Corps and Navy families and to support Marine Corps and Navy readiness and retention through customer-owned and driven MCCS programs, goods and services — in garrison and deployed environments. (For up-to-the-minute news about MCCS, logon to [www.mccshawaii.com](http://www.mccshawaii.com).)

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MOWERS, From  
B-2

children rides on mowers, as they may interpret this as mowers are fun. Even a ride in a tow-behind cart can confuse them. You never know when a child will come running up from behind, expecting another ride, and you may not see him or her. So, no passengers.

Remembering these guidelines can help keep you and your family members safe while mowing your lawn. Enjoy the weather and stay safe.

ASYMCA, From B-2

with the relocation.

The Armed Services YMCA has been in existence since 1861 and aboard MCBH since 1980, providing educational, recreational, social, and religious programs for military service members and their families.

Some of the programs for which the ASYMCA has become well known aboard MCB Hawaii are the “Playmornings,” “Food for Families,” and lending programs. Play-mornings are held daily at playgrounds aboard MCB Hawaii, Kaneohe Bay, including Mondays now held at the Hale Koa Beach. The Food for Families program supports MCBH families year-round in conjunction with the Hawaii Food Bank, and the lending program is available for families in need of temporarily borrowing toys or child car seats.

Andrea Besgrove, ASYMCA Outreach Director for MCBH, said Playmornings are held around the base for parents or

daycare providers to take children ages five and under and spend quality time together. Aside from Mondays at the Hale Koa Beach, Playmornings are held Tuesdays at the South Lawrence St. playground, Wednesdays and Fridays at the new Super Playground, and Thursdays at the Connor Loop playground. All Playmornings begin at 9 a.m. Participation is open; families should just show up to participate.

Last Thanksgiving, the ASYMCA provided more than 250 food baskets, according to Maj. Douglass Kuhn, Personal Services Director.

Besgrove added that the

ASYMCA also provides food baskets for the Christmas holiday.

The ASYMCA is also active with MCBH families through “Operation Hero.” Besgrove explained that Operation hero is a mentoring after-school program that is held at Mokapu Elementary School to help chil-

dren with issues such as self-esteem, dealing with deployment, and making new friends. Families who want to sign up for this program should seek an application Mokapu Elementary School, or at the ASYMCA.

For more information on the ASYMCA, call 254-4719.



Staff Sgt. Luis Valdespino

A guest clown shares a nose with an MCB Hawaii family member as a part of the ASYMCA relocation festivities on May 17.



# ON THE MENU

Anderson Hall will serve the following this week:

SATURDAY

*Dinner Brunch*

Herbed Rock Cornish Hens  
Grilled Strip Loin Steak  
Mashed Potatoes  
Chocolate Chip Cookies  
Asst Fruit Pie

SUNDAY

*Dinner Brunch*

Yankee Pot Roast  
Baked Ham  
Candied Sweet Potatoes  
Chocolate Layered Cake  
w/Chocolate Cream Frosting  
Asst Fruit Pie

MONDAY

*Lunch*

Creole Pork Chops  
Mashed Potatoes  
Pork Fried Rice  
Apple Crisp  
Chocolate Chip Cookies  
Asst Fruit Pie

*Dinner*

Baked Turkey and Noodles  
Baked Fresh Fish  
Rice Pilaf  
Chocolate Chip Cookies  
Asst Fruit Pie

SPECIALTY BAR

Pasta Bar

TUESDAY

*Lunch*

Beef Sukiyaki  
Pork Chop Suey  
Egg Foo Young  
Pork Fried Rice  
Chocolate Pudding  
Asst Fruit Pie

*Dinner*

Creole Macaroni  
Baked Fish Fillet  
Mashed Potatoes  
Chocolate Pudding  
Asst Fruit Pie

SPECIALTY BAR

Taco Bar

WEDNESDAY

*Lunch*

Bar-B-Que Spareribs  
Country Style Steak  
Oatmeal Cookies  
Asst Fruit Pie

*Dinner*

Baked Chicken  
Beef Pot Pie  
Boiled Egg Noodles  
Mashed Potatoes  
Brownies  
Asst Fruit Pie

SPECIALTY BAR

Country Bar

THURSDAY

*Lunch*

Baked Lasagna  
Chicken Parmesan  
Garlic Toast  
Brownies  
Asst Fruit Pie

*Dinner*

Chicken Vega  
Simmered Corned Beef  
Parsley Buttered Potatoes  
Apple Pie  
Asst Fruit Pie

MEMORIAL, From B-1

spect and honored our fallen warriors as well Monday during the Governor's Memorial Day Ceremony held at the Hawaii State Veterans Cemetery.

The ceremony was opened with the calling of the conch as the parade of flags began by a Hawaiian chant sang by Ms. Soo Whan Featheran, of New Hope Windward Hula Halau. Captain Justin Stodghill, from Marine Aircraft Group 24 aboard MCB Hawaii, Kaneohe Bay, led the processional with the traditional playing of the bagpipes.

A flag represented each veteran association and as they approached the memorial they presented a floral lei to honor their fallen comrades.

The Joint Services Color Guard and the Hawaiian Royal Guard presented the national and state colors together.

Major Gen. Robert G. F. Lee, the adjutant general of the State of Hawaii, gave the opening remarks and introduced the Spanaway Lake High School Choir from Washington State.

The choir gave an uplifting performance and opened the floor for the Memorial Day address presented by the Honorable Linda Lingle, governor of the State of Hawaii.

"Now is the time to honor all Sailors, soldiers, airmen, Marines and coast guardsmen from all eras," said Governor Lingle. "... And to remember freedom is not free."

"We are here so we don't forget the cost of those victories. Every veteran that is buried here at this beautiful resting place is somebody's father, brother, son, mother, sister or daughter," she continued.

Following her address, Governor Lingle, along with Maj. Gen. Lee, assisted the official wreath bearer, Technical Sgt. Edward Sarmiento, from Hickam Air Force Base, in placing the wreath upon the memorial.

The placing of the wreath was followed by a cannon salute by Alpha Battery, 3/7 Bn., 25th Infantry Division (Light) from Schofield Barracks, and a helicopter fly-over by the Hawaii Army National Guard's Charlie Co., 193rd Aviation Regiment from Wheeler Army Air Field.

The final honor to our nations veterans and active duty military was the releasing of rainbow colored pigeons.

There first group released was a group of rainbow pigeons, then a set of all white pigeons and finally a group of red, white and blue pigeons were set free to brighten the sky and remind all of Hawaii of our fallen heroes.

# WORD TO PASS

**‘Mom’s Life/Kid’s Life’ Debuts at Chapel**  
Join the next meeting of the Christian ministry “Mom’s Life/Kid’s Life” at the base chapel aboard MCB Hawaii, Kaneohe Bay, any second or fourth Thursday from 9:30 - 11:30 a.m.  
The ministry is based on the principles of Titus 2: 3-5. While moms are enjoying their time of fellowship, inspiration and refreshment, children are involved in supervised, positive,

social activities.  
All women and their children are welcome to attend. Child care and refreshments are provided; however, please call in advance and state how many and what ages are your children.  
For more details, call Susie Bailey at 254-2660.  
**Girl Scouts Accept Applications for ‘Summer Fun’**  
Girls entering the first

through 12th grade this fall are invited to participate in the Girl Scouts’ “Summer Fun” activities, in and around their neighborhoods, including within military family housing areas.  
Scheduled activities are designed to help girls explore and discover their abilities, make new friends, and become a self confident young lady.  
Activities will be scheduled at various locations, times and days, but generally on weekends or in the

early evening.  
Girls who are not Girl Scouts can join for the summer at \$7. Prices of activities range from \$3 to \$25; however, spaces are limited.  
To receive information, send your name, address and phone number to the following e-mail [jareilly@girlscoutshawaii.org](mailto:jareilly@girlscoutshawaii.org).  
Mail correspondence to Summer Fun, Girl Scout Council of Hawaii, 420 Wyllie St., Honolulu HI 96817.

**American Legion Responds to Public Concerns**  
The American Legion has unveiled its Web site that answers the question, “How can I support our men and women in uniform. Log onto [www.legion.org](http://www.legion.org) and surf “Support Out Troops” for details.  
**WTP Receives Faxes**  
Fax Word to Pass items of interest to the military to 257-1289, two weeks prior to the an event.

# MARINE MAKE-PONO

HAWAIIAN FOR “MARINE BARGAINS”

## Vehicles

**2001 Intrepid**, fully loaded, air conditioning, in great condition, 16K miles, \$12,000 OBO. Call 778-3979.

**1997 Dodge Neon**, runs well, \$3,250 OBO, must sell. Call 254-2362.

**1994 Lexus ES300** sedan, 4-door, new tires, power everything, 97K miles, must sell. Call 254-0468 or 330-9624.

**1990 Ford Bronco II** 2.9 liter, fixer-upper. Engine runs great,

but needs body work. Call 254-4898.

**1990 Jeep Wrangler**, Excellent Condition, asking \$5,000. Call 782-2575.

**1990 Honda Accord LX**, air conditioning, PW/PD, great condition, \$3,700 OBO. Call 254-2350 or 721-7721.

**1987 Jeep Cherokee**, Excellent condition asking \$2,500. Call 782-2575.

**1987 Jeep Wrangler**, 127k miles Runs great, good condi-

tion, extras included. Asking 3,500 OBO. Call 253-0925 or 220-0167

**1983 Porsche 944**, runs, but needs body work, \$1,200. Call 262-7953.

## Furniture

**6-piece Living Room Set.** Taupe and dark wood, will e-mail pictures. Call 254-4898.

## Appliances

**Air conditioner**, 20K BTU, w/3-year warranty, asking \$400. Call 253-0657.

**Air conditioner**, 20k BTU, w/3-year warranty, \$350. Call 782-2575

## Miscellaneous

**Officer’s Evening Dress** uniform, size medium-regular, \$200. Call 253-0657.

**Compaq Computer monitor.** Large 17” monitor like new \$75 plus free Hewlett Packard printer. Call 254-4898.

**Carpet 1 year old.** Two rooms with beige shag. \$120. each One large cream carpet for living room, hall runner and extra unused carpet asking \$250. Carpet will be available in mid-June. Call 254-4898.

## Free Makepono

Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees. Ads are free and will appear in two issues of the Hawaii Marine, if space is available.

The deadline for submitting ads to the Hawaii Marine is at 4 p.m. the Friday of the week prior to publication.

Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office, located in Bldg. 216 aboard Kaneohe Bay.

Makepono may be used only for noncommercial classified ads containing items of personal property. Ads must represent incidental exchanges, not of a sustained business nature, which are run on a first-come, first served basis.

Call 257-8836 or 257-8837 for more information.